

COLORADO MILITARY ACADEMY

MESS HALL

APRIL 2026



B: Breakfast

L: Lunch

ALL meals served with: Fresh Fruit, Rotating Salad Bar, Choice of Milk (1% or Skim), Filtered Water

	MON	TUE	WED	THU	FRI
WEEK 1 3/30 - 4/3	B: Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: Chicken Fajitas	B: Biscuit w/ Sausage Gravy or Cinnamon Rice Chex L: Bean & Cheese Burrito	B: Breakfast Burrito or Cinnamon Rice Chex L: Mac & Cheese w/ Goldfish	B: Fruit Yogurt Smoothie or Cinnamon Rice Chex L: Salisbury Steak w/ Mashed Potatoes & Roll	B: Ham, Egg, & Cheese Muffin or Cinnamon Rice Chex L: Chicken Sandwich, Wrap, or Hoagie
WEEK 2 4/6 - 4/10	B: Superbakery Bread or Cinnamon Rice Chex L: Chicken Fajitas	B: Biscuits w/ Gravy or Cinnamon Rice Chex L: Chicken Potato Bowl	B: Breakfast Tacos or Cinnamon Rice Chex L: Lasagna	B: Sausage & Cheese Biscuit or Cinnamon Rice Chex L: Burger w/ Tater Tots	B: Cinnamon Roll w/ Glaze or Chex L: Broccoli Cheese Soup w/ Roll
WEEK 3 4/13 - 4/17	B: Waffle & Sausage Sandwich or Rice Chex w/ String Cheese L: Chicken Quesadilla	B: Pumpkin Muffin or Cinnamon Rice Chex L: Penne Pasta w/ Meat Sauce	B: Breakfast Burrito or Cinnamon Rice Chex L: Chili w/ Cornbread	B: Fruit Yogurt Smoothie or Cinnamon Rice Chex L: Asian Chicken w/ Rice	 NO SCHOOL
WEEK 4 4/20 - 4/24	 NO SCHOOL	B: Scrambled Eggs w/ Sausage or Rice Chex L: Pizza	B: Fruit Yogurt Parfait or Cinnamon Rice Chex L: Chicken Enchiladas w/ Green Sauce	B: Sausage & Egg Biscuit or Cinnamon Rice Chex L: Popcorn Chicken w/ Goldfish	B: Homemade Granola Bar or Rice Chex L: Bean & Cheese Burrito
WEEK 5 4/27 - 5/1	B: Waffle Sausage Sandwich or Rice Chex L: Hot Dog	B: Pumpkin Muffin or Cinnamon Rice Chex L: BBQ Chicken Sandwich	B: Breakfast Burrito or Cinnamon Rice Chex L: Mac & Cheese w/ Goldfish	B: Fruit & Yogurt Smoothie or Cinnamon Rice Chex L: Salsbury Steak w/ Mashed Potatoes & Roll	Check back for MAY <i>Menu</i>

The CMA Mess Hall is devoted to offering nutritious choices to our Cadets.

A healthy outside begins with a healthy inside!

MENU IS SUBJECT TO CHANGE