

COLORADO MILITARY ACADEMY

MESS HALL

FEBRUARY 2026

B: Breakfast

L: Lunch

ALL meals served with: Fresh Fruit, Rotating Salad Bar, Choice of Milk (1% or Skim), Filtered Water

MON

TUE

WED

THU

FRI

WEEK 1

2/2 - 2/6

B: Scrambled Eggs w/
Turkey Sausage or
Cinnamon Rice Chex

L: Popcorn Chicken
w/ Goldfish Crackers

B: Biscuit w/ Sausage
Gravy or Cinnamon
Rice Chex

L: CMA Bean &
Cheese Burrito

B: Cheesy Scrambled
Eggs or Cinnamon Rice
Chex

L: Italian Chicken w/
Penne

B: Scrambled Eggs w/
Cheese Muffin or
Cinnamon Rice Chex

L: Cheeseburger &
Tater Tots

B: Scrambled Eggs w/
Turkey Sausage or
Rice Chex w/ String
Cheese

L: Pepperoni Pizza

WEEK 2

2/9 - 2/13

B: Scrambled Eggs w/
Turkey Sausage or
Cinnamon Rice Chex

L: Sloppy Joe

B: Cheesy Scrambled
Eggs or Cinnamon Rice
Chex

L: Greek Beef Flatbread
w/ Pasta Salad

B: Scrambled Eggs w/
Turkey Sausage or
Cinnamon Rice Chex

L: Meatloaf w/ Mashed
Potatoes & Roll

B: Cinnamon Rice
Chex w/ String
Cheese

L: Teriyaki Chicken
w/ Rice & Egg Roll



PD

WEEK 3

2/16 - 2/20



B: Sausage, Egg, &
Cheese Muffin or
Cinnamon Rice Chex

L: Breaded Chicken
Sandwich

B: Cheesy Scrambled
Eggs or Cinnamon Rice
Chex

L: BYO Taco Kit

B: Cheesy Scrambled
Eggs or Cinnamon Rice
Chex

L: Popcorn Chicken w/
Goldfish

B: Mini French Toast
w/ Turkey Sausage
Cinnamon Rice Chex

L: Pepperoni Pizza

WEEK 4

2/23 - 2/27

B: Cinnamon Roll w/
Glaze or Cinnamon
Rice Chex

L: Hot Dog

B: Cheesy Scrambled
Eggs w/ Turkey
Sausage or Cinnamon
Rice Chex

L: BBQ Chicken w/
Cornbread

B: Ham & Cheese
Croissant or Cinnamon
Rice Chex

L: Mac & Cheese w/
Goldfish

B: Scrambled Eggs w/
Turkey Sausage or
Cinnamon Rice Chex

L: CMA Salisbury Steak
w/ Mashed Potatoes &
Roll

B: Fruit Yogurt Parfait
or Cinnamon Rice
Chex

L: Cheese sticks w/
Pizza Sauce

WEEK 5

3/2 - 3/6

Check back for **MARCH** *Menu*



The CMA Mess Hall is devoted to offering nutritious choices to our Cadets.
A healthy outside begins with a healthy inside!
MENU IS SUBJECT TO CHANGE