

COLORADO MILITARY ACADEMY

MESS HALL

FEBRUARY 2026

B: Breakfast

L: Lunch

ALL meals served with: Fresh Fruit, Rotating Salad Bar, Choice of Milk (1% or Skim), Filtered Water

	MON	TUE	WED	THU	FRI
WEEK 1 2/2 - 2/6	B: Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: Popcorn Chicken w/ Goldfish Crackers	B: Biscuit w/ Sausage Gravy or Cinnamon Rice Chex L: CMA Bean & Cheese Burrito	B: Cheesy Scrambled Eggs or Cinnamon Rice Chex L: Italian Chicken w/ Penne	B: Scrambled Eggs w/ Cheese Muffin or Cinnamon Rice Chex L: Cheeseburger & Tater Tots	B: Scrambled Eggs w/ Turkey Sausage or Rice Chex w/ String Cheese L: Pepperoni Pizza
WEEK 2 2/9 - 2/13	B: Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: Sloppy Joe	B: Cheesy Scrambled Eggs or Cinnamon Rice Chex L: Greek Beef Flatbread w/ Pasta Salad	B: Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: Meatloaf w/ Mashed Potatoes & Roll	B: Cinnamon Rice Chex w/ String Cheese L: Teriyaki Chicken w/ Rice & Egg Roll	 PD
WEEK 3 2/16 - 2/20	 PRESIDENT'S DAY	B: Sausage, Egg, & Cheese Muffin or Cinnamon Rice Chex L: Breaded Chicken Sandwich	B: Cheesy Scrambled Eggs or Cinnamon Rice Chex L: BYO Taco Kit	B: Cheesy Scrambled Eggs or Cinnamon Rice Chex L: Popcorn Chicken w/ Goldfish	B: Mini French Toast w/ Turkey Sausage Cinnamon Rice Chex L: Pepperoni Pizza
WEEK 4 2/23 - 2/27	B: Cinnamon Roll w/ Glaze or Cinnamon Rice Chex L: Hot Dog	B: Cheesy Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: BBQ Chicken w/ Cornbread	B: Ham & Cheese Croissant or Cinnamon Rice Chex L: Mac & Cheese w/ Goldfish	B: Scrambled Eggs w/ Turkey Sausage or Cinnamon Rice Chex L: CMA Salisbury Steak w/ Mashed Potatoes & Roll	B: Fruit Yogurt Parfait or Cinnamon Rice Chex L: Cheese sticks w/ Pizza Sauce
WEEK 5 3/2 - 3/6	Check back for  <i>Menu</i>				



The CMA Mess Hall is devoted to offering nutritious choices to our Cadets.
A healthy outside begins with a healthy inside!
MENU IS SUBJECT TO CHANGE