

COLORADO MILITARY ACADEMY MESS HALL

NOVEMBER 2025

B: Breakfast L: Lunch

ALL meals served with: Fresh Fruit, Rotating Salad Bar, Choice of Milk (1% or Skim), Filtered Water

	MON	TUE	WED	THU	FRI
WEEK 1 10/29 - 10/31					
WEEK 2 11/3 - 11/7	B: Cheesy Scrambled Eggs w/ Maple Waffles & Fruit L: Hot Dog with Broccoli & Corn	B: Super Slice Bread or Rice Chex w/ String Cheese L: Egg Roll w/ Chicken Fried Rice	B: Waffle Sausage Sandwich or Rice Chex w/ String Cheese L: Turkey Pepperoni Pizza	B: Breakfast Burrito or Rice Chex w/ String Cheese L: Breaded Chicken Sandwich w/ Tots	 TEACHER WORK DAY
WEEK 3 11/10 - 11/14	 NO SCHOOL	 NO SCHOOL	B: Ham, Egg & Cheese Muffin or Rice Chex w/ String Cheese L: Bosco Sticks w/ Pizza Sauce	B: Breakfast Taco or Rice Chex w/ String Cheese L: Teriyaki Chicken w/ Lo Mein & Egg Roll	B: Breakfast Banana Split or Rice Chex w/ String Cheese L: Grilled Cheese Sandwich w/ Tots
WEEK 4 11/17 - 11/21	B: Cheesy Scrambled Eggs w/ Maple Waffles & Fruit L: Hamburger or Cheeseburger w/ Tots	B: Super Slice Bread or Rice Chex w/ String Cheese L: Tamale & Refried Beans	B: Waffle Sausage Sandwich or Rice Chex w/ String Cheese L: Turkey Pepperoni Pizza	B: Breakfast Burrito or Rice Chex w/ String Cheese L: Mac & Cheese w/ Goldfish Crackers & Roll	B: Yogurt Parfait w/ Granola & String Cheese L: BBQ Chicken, Cornbread & Baked Beans
WEEK 5 11/24 - 11/28	 NO SCHOOL				
	Check back for December Menu				



The CMA Mess Hall is devoted to offering nutritious choices to our Cadets.
A healthy outside begins with a healthy inside!

MENU IS SUBJECT TO CHANGE