



COLORADO MILITARY ACADEMY

MESS HALL



MARCH 2025

B: Breakfast L: Lunch / : Choice of

	MON	TUE	WED	THU	FRI
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WEEK 1
2/24 - 2/28

DONT FORGET TO SCHEDULE YOUR PARENT TEACHER CONFERENCES!

WEEK 2
3/3 - 3/7

<i>B: waffle sandwich/yogurt/fruit</i>	<i>B: oatmeal w/fruit string cheese/ apple</i>	<i>B: biscuit WG Split classic/fruit</i>	<i>B:french toast/oranges</i>	<i>B: bug bite WG cracker/yogurt/ fruit</i>
L: Teriyaki chicken, lo Mein, stir fry & Oranges	L: BBQ Beef sandwich, apple & Tater Tots	L: Country Chicken w/ white gravy, Mashed Potatoes & Green Beans	L: Enchilada Casserole, Spanish Rice, & Fruit	L: Grilled Chicken Sandwich Balsamic Caesar Salad & Apple

WEEK 3
3/10 - 3/14

<i>B: string cheese/fruit cinnamon roll</i>	<i>B:eggs scrambled bread sliced w.g. fruit /hash browns</i>	<i>B: oatmeal w/fruit/craisins</i>	<i>B: bug bite WG/yogurt/fruit</i>
L: Chicken Pot Pie CMA Salad Apple	L: Chicken Alfredo w/ Pasta Roasted Broccoli Oranges	L: Chili Roll + Salad Diced Fruit	L: Pepperoni Pizza CMA Salad Oranges



TEACHER WORK DAY
NO STUDENTS

WEEK 4
3/17 - 3/21

<i>B: waffle sandwich/yogurt/fruit</i>	<i>B:oatmeal w/fruit/string cheese/apple</i>	<i>B: yogurt/fruit</i>
L: Baked Herb Chicken Roll, Rice Pilaf, & Parsley Carrots	L: Taco Bar Black bean & Corn Salsa Craisins	L: Popcorn Chicken Rice Pilaf Balsamic Caesar Salad & Fruit

PARENT TEACHER CONFERENCES

11 AM - 7 PM

NO SCHOOL



PARENT TEACHER CONFERENCES

8 AM - 3 PM

NO SCHOOL

WEEK 5
3/24 - 3/28

Spring Break



The CMA Mess Hall is devoted to offering nutritious choices to our Cadets.

A healthy outside begins with a healthy inside!

MENU IS SUBJECT TO CHANGE

ALL meals served with:
Fresh Fruit
Choice of Milk (1% or Skim)
Filtered Water



Brain Food For You